

DON'T KEEP US A SECRET

Most of our new patients come from personal recommendations and we are most grateful to all those regular satisfied patients who refer their relatives, friends and colleagues to us. Our practice is still growing and we welcome further recommendations.

NATIONAL AWARD WINNING PRACTICE

- Dentistry Awards 2008 - Best Practice in the UK
- Private Dentistry Awards 2008 - Most Improved Practice
- Smile Awards 2009 - Generosity of a Smile - Mike Heads
- Dental Awards 2009 - Dentist of the Year - Mike Heads
- Dental Awards 2009 - Hygienist of the Year - Karen Hails
- Dental Awards 2009 - Practice Design & Interior of the Year



OUR TEAM

Dentists

Mike Heads

BSc, BChD, DGDP 1982 (Leeds)

Gill Douglas

BSc, MSc, BDS 1989 (London)

Kevin Caruana

BChD 2003 (Malta)

Charlotte Constantine

BDS 2000 (Newcastle-upon-Tyne)

Hygienist

Karen Hails EDH

Practice Director

Linda Heads B.A.

Our dentists are members of:

- British Dental Association
- Faculty of General Dental Practitioners (UK)
- Association of Dental Implantology (UK)
- International Congress of Oral Implantologists
- American Academy of Osseointegration
- European Association of Osseointegration
- British Society of Periodontology
- British Endodontic Society
- British Society of Restorative Dentistry
- British Academy of Cosmetic Dentistry



OPENING HOURS

- Monday: 8.30 a.m – 4.30 p.m
- Tuesday: 8.30 a.m – 8.00 p.m (closed eve. 1 Tuesday in 4)
- Wednesday: 8.30 a.m – 8.00 p.m
- Thursday: 8.30 a.m – 8.00 p.m
- Friday: 8.30 a.m – 4.30 p.m
- Saturday: 9.00 a.m – 12.00 p.m (open 1 Saturday in 4)

APPOINTMENTS

Please respect our appointment system and give us at least 24 hours notice if you are unable to attend – failure to do so may result in a charge. Surgery time is valuable to enable us to keep waiting time for appointments to a minimum and to allow us to see patients in times of emergency.

DENTAL EMERGENCIES

For patients registered at our practice, we guarantee to see all dental emergencies within 24 hours and to offer same day emergency appointments whenever possible. If you have a dental emergency outside of practice hours, please telephone the practice and an answer phone will give you instructions.

FOR THE LESS ABLE

We have disabled access to our practice and three ground floor surgeries. We also have disabled toilet facilities. If you have any special requirements please let us know.

PAYMENT OPTIONS

We accept cash, cheque or debit card. We also offer interest free and low cost finance facilities for larger amounts. Subject to terms and conditions. Written details on request.

THE DENTAL HEALTHCARE CENTRE

GREENFIELDS HOUSE WELLBURN ROAD FAIRFIELD STOCKTON-ON-TEES TS19 7PP

TELEPHONE. 01642 570138 FACSIMILE. 01642 570870

Email. info@cdic.co.uk www.creatingbeautifulsmiles.org.uk



THE DENTAL HEALTHCARE CENTRE

AT GREENFIELDS HOUSE

WELCOME TO THE PRACTICE

Welcome to the **Dental Healthcare Centre** where we know you will find a warm friendly welcome from all members of our team. From the professional care you will receive from our dentists, nurses and receptionists to the relaxing atmosphere of our beautiful, contemporary waiting areas and four fully equipped surgeries, we hope your experience with us will exceed your expectations.

FOR YOUR ROUTINE DENTAL CARE

We offer our practice Denplan scheme where, in return for a monthly fee, your routine dental care is catered for – e.g. tooth coloured fillings, x-rays, examinations, scale and polishes, root treatments, extractions, crowns, bridges, and dentures – only laboratory costs and root canal therapy instruments will incur an extra charge. Unlike some practices, we include Velscope oral cancer screening within this monthly fee.

QUALITY ASSURANCE

All dentists are committed to continually improving their knowledge and undertake many hours of continual professional development each year (CPD). We also perform regular clinical audits and take part in a thorough quality assurance programme organised by Denplan. The appropriate bodies routinely check all equipment and we adhere strictly to the necessary guidelines.

YOUR DENTAL EXAMINATION

This will not be rushed and care will be taken to check the health of your teeth, gums, existing restorations and soft tissue areas. We will take x-rays and screen you for oral cancer using our Velscope equipment. Time will be taken to discuss any problems you may have with your teeth or concerns you have with their appearance.

OUR CONSULTATION & SEMINAR ROOM

Here, we can talk to existing and new patients and identify their needs and concerns, in privacy, away from the hustle and bustle of the reception area. This room boasts a computer screen linked to the network and is very useful when used in conjunction with digital x-rays and patient information software.



PREVENTATIVE TREATMENT FOR CHILDREN

Children are very welcome at our dental centre and we have a range of toys and a PS2 to amuse them whilst waiting. It is important from an early age to instruct our younger patients in the ways of good oral hygiene. Good oral hygiene instruction together with fissure sealants (plastic coatings) on teeth will help our younger patients prevent tooth decay and avoid fillings.

FRESH BREATH CLINIC

Bad breath is a serious problem that affects 96% of the adult population at some point in their life. Here at the Dental Healthcare Centre we have a fresh breath clinic using a state of the art machine called a *Halmeter*. This machine measures bad breath and helps us plan treatment to eliminate it.

HYGIENIST SERVICES

Good oral hygiene techniques are important to prevent the formation of plaque – a build up of this will cause calculus (tartar) and eventually may cause gum disease. We will carry out a scale and polish if this is the case, but we will also provide oral hygiene instruction to prevent this re-occurring in the future.

SPORTS MOUTH GUARDS

A must for our sporting enthusiasts. Tailored to the individual in a whole host of colours – it's better to be safe than sorry.

HEALOZONE TREATMENT

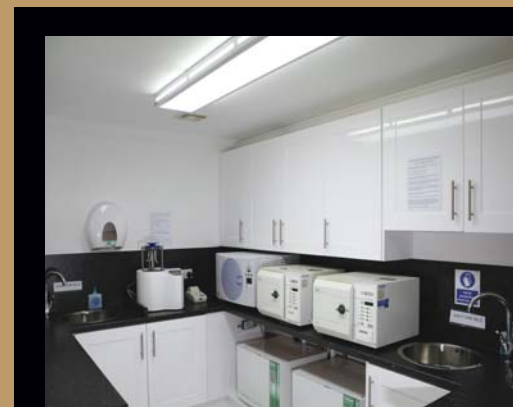
Teeth, in certain circumstances, may be treated with ozone and this turns dental decay back into solid tooth. No injections, drilling or filling is required for those teeth where it is possible to use the Healozone system.

AIR POLISHING

This treatment is quick and easy and more relaxing than with traditional applications – we can recommend it as a way of cleaning your teeth thoroughly. A high-pressure jet with a mixture of bicarbonate of soda and lemon is used to remove stains and your mouth will feel cleaner and totally refreshed.

CENTRAL DECONTAMINATION ROOM

This facility has the latest technology, fulfils the most stringent guidelines and gives our patients the very best in cross infection control. Please ask to view this room if you have any concerns about cross infection. ▼



CROWNS AND BRIDGES

Unightly teeth can be covered with crowns and spaces between teeth can be filled using bridges. Advances in ceramic technology means that these teeth can be made to appear more natural and black lines around gum margins are less likely to occur.

VENEERS

Discoloured teeth can be masked by wafer thin ceramic work called veneers and they can also be used to close unsightly gaps – minimal work is required on the tooth itself.

TOOTH WHITENING

This is a procedure to lighten the colour of natural teeth. The colour of teeth varies among individuals and in different age groups – teeth can naturally darken over time. Tooth colour is influenced by a person's genetic make up and by any surface stains or deposits in or on the teeth. We use four different procedures dependent on your individual requirements and your dentist is very happy to discuss this with you.

TOOTH COLOURED FILLINGS

Where possible, patients are given white fillings: this is aesthetically more pleasing for our patients and avoids any worries in connection with the use of mercury.

DENTAL IMPLANTS

A procedure whereby a titanium false root is implanted into the jaw bone under anaesthesia and teeth, as natural in looks, feel and function as your own original ones, are built on top of the implanted structure. Implants can also be used to clip dentures onto, ensuring that the dentures are retentive and stable. Housed within Greenfields House, Cleveland Cosmetic and Dental Implant Clinic takes implant referrals from dentists locally and throughout the North East of England.

ENDODONTICS

Another term for this is root canal therapy – a way of saving a tooth, which would otherwise, have been extracted. Reasons for this treatment include decay, trauma, fracture and leakage allowing bacteria to cause infection. This treatment can return the tooth to full function.

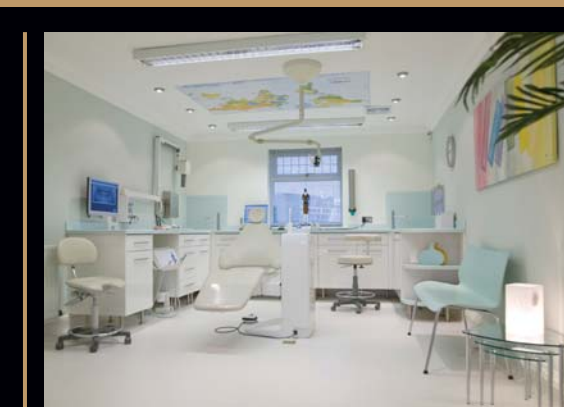
DENTURES

Various types of denture are available and the cost is dependent on the quality of the teeth and other materials used.

LASER TREATMENT

Used to adjust soft tissues where necessary and to carry out cosmetic gum lifts in smile makeovers.

PLEASE NOTE SOME TREATMENTS ARE NOT AVAILABLE UNDER DENPLAN CARE.



“Extremely attractive practice with excellent support staff. Easy to see why you win so many awards.”

Feedback from British Dental Association Good Practice Scheme Assessor at our assessment in June 2009



We are pleased to have access to Cleveland Cosmetic and Dental Implant Clinic within Greenfields House which offers all forms of cosmetic treatments, smile make-overs, dental implants and cosmetic crowns, bridges and veneers.